

Grocery Stores with Food Pick Up or Delivery Sullivan County

Walmart <https://www.walmart.com/grocery>

Grocery **Pick Up** in Claremont- can use website or app

Can schedule “express pick up” in 2 hours or less OR pick a time up to 7 days out

Can put in an alternate pick up person

COST: Minimum \$35 order, no fees

PAYMENT: Credit or Debit Card, SNAP/EBT accepted (can add card to account)

Hannaford <https://www.hannaford.com/hannaford-to-go>

Grocery **Pick Up** in Claremont- can use website or app

Can schedule up to 3 days out, sometimes say day is available; After 8 PM can check for new slots for upcoming dates

COST: Free for first time; after that service fee of \$5 or less, depending on how much you spend- no minimum order

PAYMENT: Credit or Debit Card, SNAP/EBT accepted but have to pay at pick up with EBT

INSTACART <https://www.instacart.com/>

Grocery **Delivery**- Can use website or app

Instacart doesn't deliver to all of Newport, it's by specific address; Seems to cover Claremont

Grocery Store options for Delivery: Price Chopper; Hannaford; Shaws*; BJ's; Big Lots; CVS; Rite Aid

Price Chopper has “pick up” option too (Lebanon)—No Service Fee, Pick up fee is typically \$1.99 (free for Instacart Express members)

Can deliver in anywhere from 3-5 hours or pick a day in the future, up to 5 days out

COST: *Varies*

Regular account: \$35 minimum order; Delivery Fee at least \$3.99, based on how much you spend + Service Fee (min \$2, starting at 5% of order) + Tip (min \$1)

Instacart Express: Delivery free if order over \$35; Service Fee (1.9% and up) + Tip (min \$1)—Pay either \$99/year or \$9.99/mo for this type of account

PAYMENT: Credit or Debit Card

SNAP/EBT only accepted at Aldi locations- so not locally

****Shaws in Newport is planning on a remodel in the next few months and will then have grocery pick up available outside of Instacart**

Camden Brook Market and Café – Newport

<https://www.facebook.com/Camden-Brook-Market-and-Cafe-107731664333777/>

PHONE (603) 865-5416

EMAIL camdenbrookmarket@icloud.com

Can do curbside **Pick Up**-- Order by phone

Pre made meals, platters, take out, some grocery items

PAYMENT: Credit or Debit Card, Cash

Applied to accept EBT/SNAP, don't currently

For non-perishable items, you can order online as well:

Walmart

Many shelf stable foods, toiletries you can have shipped through the regular Walmart website

Free shipping if order is over \$35

Some items may be eligible for next day shipping

Can use SNAP/EBT- just add card at check out

Amazon

Pantry- Most shelf stable grocery staples <https://www.amazon.com/gp/pantry/info/>

COST: Prime members have free shipping if order over \$35; Others pay \$5.99 per order

Can use SNAP/EBT- just add card to your account/at check out

Regular—some items you can have shipped without using Pantry (ex. Peanut butter)- with Prime membership free shipping, without Prime membership, min \$35 for free shipping

Shipping usually takes 2+ days depending on what you pay for/availability

Food Assistance List

(Compiled by Valley Regional Hospital, updated)

Claremont Soup Kitchen
53 Central Street, Claremont NH
603-543-3290

<https://claremontsoupkitchen.com/>

Breakfast (9:30-10:30); Lunch (12-1); Dinner (4-5)
Food Pantry by appt

Newport Food Pantry
95 Main Street
Newport NH
603-863-3411

Mon & Thurs (9-12); Tues (4:30-6:30); W (12-3)

Listen Community Services
60 Hanover Street, Lebanon NH
603-448-4553

<http://www.listencs.org/>

<https://www.facebook.com/LISTENCs/>

Food Pantry (Leb) M-F (10-4)- pick up
**may be able to deliver, call to ask
Community Dinners, **to go**, 42 Maple St. WRJ, VT
M-Sat (5-5:30 pick up) Menu on FB page

Baby Steps
169 Main Street, Claremont NH
603-372-6134

<http://babystepsfamily.org/>

Tues/Fri (11:30-3) for food pick up
Check FB page for updates on hours, food choices:
<https://www.facebook.com/babystepsfamilyassistance/>

Any family receiving some form of public assistance (i.e. Medicare, EBT, WIC, Fuel Assistance, etc.) qualifies

CHURCHES/OTHER FOOD PANTRIES:

Open Hands Mission
72 Pleasant Street, Claremont, NH
603-542-2300

St. Mary's Church
32 Pearl Street, Claremont NH
603-542-9518

St. Vincent De Paul
(Mon @ 2 pm)
35 Central Street, Claremont NH
603-542-5950

Fall Mountain Emergency Food Pantry
122 Main Street, Charlestown NH
603-835-2283

SEASONAL:

Claremont Famers Market (May-Sept, typically Sat 10-1)
Broad Street Park, Claremont 1 for 1 with an EBT card
<https://www.facebook.com/ClaremontFarmersMarketnh/>

VERMONT:

Upper Valley Haven (can be NH resident)
713 Hartford Ave, White River Junction VT
802-295-6500
Food Shelf M-W (9-4:30); Th-F (9-3); Sun (12-3)
<https://uppervalleyhaven.org/programs/food-shelf/>

Trinity Evangelical Free Church
44 Main Street, Windsor VT 802-674-6781
Food Shelf last 3 full weeks of month
T/Th (5:30-6:30); W (10:30-12)
<http://www.trinitywindsor.com/food-shelf>

SNAP Benefits (Food Stamps/EBT)

NH 603-542-9544
VT 800-479-6151

WIC (Women, Infants and Children Program)

New Hampshire:

Claremont Newport Health
169 Main Street 11 John Stark Highway
800-529-0005 603-719-4234

Charlestown New London
19 Summer School 52 Gould Road
800-529-0005 800-578-2050

Lebanon Enfield
10 South Park Street 314 US Route 4
800-578-2050 800-578-2050

Warner Hillsboro
8 Main Street 30 West Main Street
800-578-2050 800-256-9880

Keene
63 Community Way
800-529-0005

Vermont:

Vermont Department of Health Springfield White River Junction
100 Mineral Street 118 Prospect Street
802-289-0600 802-295-8820

Meals on wheels

Belknap-Merrimack 603-524-5512
Charlestown 603-835-2283
Claremont 603-543-3072
Newport 603-863-3177
Warner 603-456-2207

Commodities (For Seniors)

NH
Sullivan County 603-352-7512
Grafton County 603-225-2050
VT 800-214-4648