

ONLINE/VIRTUAL PROGRAMS STRONG



Valley Court Diversion

- · Variety of restorative programs and facilitation/education, virtual substance education class for two age groups, under 18 and over 18.
- Offered for youth ages 5-18 and over 18
- · Fees based on individual programming

https://vcdp.org/

Plainfield School

- · Online parent-interest workshops
- Offered for parents of youth ages 0-12
- · Reduced rates, Fall/Winter/Spring

https://www.plainfieldschool.org/parent-area

Hopkins Center for the Arts

- The Hopkins Center's mainstage season presents national and international live arts (music, dance and theater) performances and films. Programming is tied to its mission of offering educational arts opportunities to the Dartmouth campus and wider Upper Valley audiences and sparking rich dialogue about parallel social issues, including cultural awareness and social justice. Enrichment events for multiple age groups are also offered around most live arts events and films, such as panels, masterclasses and filmmaker talks. The Hop's School Matinee Program (currently scaled down to an online format) offers schools and educators access to season productions at a discounted ticket price along with free corresponding study guides. Additionally, the Hop hosts free short performances and interactive arts workshops for children and families in its HopStop series.
- Offered to youth of all ages
- Reduced rates/free yearly programming https://hop.dartmouth.edu/

Richmond Middle School PTO

- Committee for new families to the area, book club for RMS teens/parents, teacher appreciation, Schoology 101 for parent, socials for parents
- Offered year-round for middle school teens and parents
- Free programming

https://richmondmiddleschoolpto.wpcomstaging.com/

Wise

- Online/virtual events or classes, In-person programming, Advocacy for families experiencing domestic or sexual violence, stalking and trafficking. Although the Program Center is temporarily closed, our 24-hour support remains firmly in place. Call the crisis line 866-348-9473, chat with us online, or text 603-836-9472. You do not have to be in crisis to reach out to us. WISE leads the Upper Valley to end gender-based violence through survivor-centered advocacy, prevention, education and mobilization for social change.
- · Offered to all ages
- Free yearly programming https://wiseuv.org/

Trumble Hall Troupe

- Theatre experience for students grade 6-12 and more.
- · Offered in the Sumer and Fall
- \$50 donation that is waived if there is a hardship

https://trumbullhalltroupe.org/

Finding Our Stride

- FOS is a FREE after school running program building fitness, teamwork and self-esteem for elementary and middle schoolers in the Upper Valley. During the pandemic, we are offering in-person practices (following all the social distancing state guidelines) or online resources.
- Spring and Fall (two 8-week seasons per year)
- Free (school must meet criteria) https://www.childrensfunduv.org/grantees/findingour-stride

Upper Valley Aquatic Center

- · Online lecture series and virtual classes.
- · Year-round programming for all ages
- · Scholarships, reduced rates

https://uvacswim.org/

For more information visit:

https://uvstrong.org/resources/child-care or https://greatersullivanstrong.org/resources/child-care/

Upper Valley Music Center

- UVMC is a community music school based in Lebanon, NH.
 UVMC's expert faculty work with beginning through
 advanced students and teach programs designed for ages
 birth through adulthood. UVMC offers year-round
 programming for students of all ages and ability levels. The
 four main categories of programs include individual
 lessons, group classes (including summer camps),
 ensembles, and workshops/master classes. Within these
 programs, students can find intensive one-on-one
 instruction, learn to play in a relaxed social setting, and
 make lifelong musical friends through ensembles
- Offered for all ages/year-round programming
- · Scholarships, reduced rates, free programming
- Currently fully remote but will resume in-person when deemed safe to do so

https://uvmusic.org/

Norwich Youth Advisory Council

- Teen-led group with the goal of keeping young people involved and active in the Norwich community after leaving Marion Cross, while also including teens from neighboring communities. By organizing events for both the teen population as well as the greater local community, we aim to bring together students in welcoming and engaging environments. We provide opportunities for teens to learn as well as to share their talents, all while enriching our communities.
- · Offered to youth ages 13-18 year-round
- · Reduced rates, free/grant funded programming

https://norwichvt.myrec.com/info/default.aspx

Artistree Community Arts Center and Gallery

- Opportunities for a joyful, meaningful, and satisfying experience of the visual arts, movement, theatre, and music through our year-round classes, summer and school vacation camps, workshops, performances, gallery exhibits, and events. Our offerings are designed to nurture each person's inherent creative capacities and raise the possibility of art as a vital force in an individual's overall growth and expressive abilities.
- · Offered for all ages
- Scholarships, reduced rates, free/year-round https://artistreevt.org/

Okinawan Karate Academy

- Okinawan Karate Academy is a traditional dojo (place of training), where students of all ages study and practice martial arts. More than just a sport or self-defense, OKA's training programs offer a balanced combination of physical fitness, personal development, and self-defense skills. Fundamental principles of courtesy, respect, and self-control are emphasized at all times. We empower our students with the confidence, focus, and discipline to give them the tools they need to succeed in life.
- Offered for youth ages 5 and up, year-round programming
- Scholarships, reduced rates

https://okadojo.com/

Amplified Arts

- Amplified Arts offers several programs in the Sullivan County Area. Our Toy Box Theatre Project is for ages 6months to 5yrs and offers interactive arts based activities and events for young explorers and their caregivers to experience together. Our Summer/Winter camps for ages 9 to 13 offer in person arts programming like theatre, film and art. Our Academy is an early career artist program for artists ages 13 to 18. This award winning program offers in depth training in theatre as well as opportunities to experience the arts in and around the region. We have our adult theatre Company (ages 18+) that provide access to classic and contemporary theatre through live, locally produced and award winning theatre experiences. We also provide our community with film screening, interactive special events and our pop up art gallery "Streetside Art Gallery" provides a venue for local artists to present and sell their art. We are currently closed for in person programming due to COVID but hope to be back in the Fall of 2021 with our unique offers and arts experiences.
- · Programming for all ages 6 months and up year-round
- Reduced rates, free programming https://www.facebook.com/amplifiedartsnh/